

**ANNA A. BERARDI \***

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PRIVATE PRACTICE:  
503-639-4404

**EDUCATION**

- 11/97 Ph. D., Marriage and Family Therapy (Psychology). School of Psychology; Fuller Theological Seminary, Pasadena, CA.
- 3/96 M. A., Theology. School of Theology; Fuller Theological Seminary, Pasadena, CA.
- 6/90 M. A., Marriage and Family Therapy. Azusa Pacific University, Azusa, CA.
- 5/81 B. A., Social Work. Millersville State University, Millersville, PA.

**ACADEMIC EXPERIENCE**

8/95 - current Graduate School of Counseling, George Fox University – Portland Campus  
12753 SW 68th Ave., Portland, OR 97223; 503-538-8383

Current Faculty Position:  
Professor of Marriage and Family Therapy; Tenured

Current Administrative Positions:  
Director & Founder; Trauma Response Institute  
Program Creator & Director; Post-Graduate Certificate in Trauma Response Services  
Co-Director; Digital Fluency Institute  
Campus Internship Supervisor and Clinical Project Coordinator

Previous Administrative Positions:  
Clinical Director; Marriage and Family Therapy Program  
Program Coordinator; Clinical Master’s Thesis

**GRADUATE COURSES TAUGHT & CREATED:** Master's level unless indicated.

Key: \*: Courses created and taught; ^: Courses created only

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Advanced Family Therapy (Doctoral* and Master)	Gender Issues in Couples Therapy*
Attachment-Based Approaches to Couple’s Therapy* (Doctoral)	Relationship Assessment
Applications in Contextual Family Theory*	Sex Therapy in Couples Treatment*
Models of Brief Therapy with Individuals and Couples*	Imago Relationship Therapy*

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Interpersonal Neurobiology & Pharmacology*	Theories of Personality and Counseling
Psychopathology & Behavioral Dysfunction	Human Growth & Development

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Supervising the MHP in Clinical Settings (AAMFT-Approved Supervision Training)\*  
Clinical Supervision of Marriage & Family Therapy and Professional Counseling Interns

Treatment Planning\*  
Mentor, Clinical Master's Thesis\*

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Introduction to Traumatology\*  
Interpersonal Neurobiology of Trauma\*  
Responding to Mass Trauma within Schools\*  
Individual & Group Interventions in Trauma Response\*  
Legal & Ethical Issues in Disaster Mental Health\*

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Grief & Loss Across the Lifespan\*  
Critical Incident Stress Debriefing\*  
Cognitive-Behavioral Therapy Applications  
In Disaster Mental Health\*  
Field Operations & Incident Command\*

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Substance Abuse Treatment Within a Systemic Perspective\*  
HIV & Other Medical Conditions Associated w/  
Chemical Dependence^

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Dual Diagnosis Assessment & Treatment^  
Pharmacology of Chemical Dependency^

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Treating Survivors of Sexual Abuse\*  
Images of God\*

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Treating Clients with Eating Disorders\*  
Developing a Professional Online Identity

### **ADDITIONAL ACADEMIC EXPERIENCE**

- 10/04 Graduate Department of Counseling, Holy Light Seminary – Kaichung, Taiwan  
Visiting Professor of Marriage and Family Therapy
- 6/00 Portland State University, Graduate Department of Counseling  
Adjunct Professor: Advanced Marital Therapy

### **SCHOLARSHIP**

#### **PUBLICATIONS – PEER REVIEWED**

- Morton, B.M. & Berardi, A. (2018). Creating a trauma-informed rural community: A university-school district model. In R. M. Reardon & J. Leonard, (Eds), Making a positive impact in rural places: Change agency in the context of school-university-community collaboration in education. Charlotte, NC: Information Age Publishing. pp. 193-213.
- Morton, B. M. & Berardi, A. (2017). Trauma-informed school programming: Applications for mental health professionals and educator partnerships. Springer Publications.
- Berardi, A. & Morton, B. (2017). A rationale for a trauma-informed school approach to maximize academic success with students in foster care. (1), 10-16.
- Berardi, A. A. (accepted; 2016). Critical Incident: Responding to a suicidal high school student.

Bearden, S. R., Berardi, A. A., Dee, A. L., Espinor, D. S., Morton, B. M., Samek, L. L., Song, S., White, W. A. (2013). A treatise on diversity in a dominant culture university.  
Common Ground Publishing.

Berardi, A. (2012). Fear of being alone . Sage Publications.

Berardi, A. (2011). From reaction to intentionality.  
Portland, OR: NorthWest Earth Institute.

Berardi, A., & Thurston, N. S. (2009). Resisting a separatist position as a 'Distinctively Christian

Maher, A. B. (1997, Summer). Family tragedies: Recovery as an ongoing process. Eugene, OR:

Maher, A. B. (1997, Fall). Book review: The intentional family, by W. J. Doherty (1997). Eugene, OR:

#### CONFERENCE PRESENTATIONS – PEER REVIEWED

- 2/18 A Peer Training Model to Promote Digital Fluency Among University Faculty. Coalition of Christian Colleges & Universities. Dallas, TX. Co-Presenters: Gloria Dougherty, Robin Ashford, Debby Espinor, Linda Samek, George Fox University.
- 10/17 Counselor Formation and Gatekeeping Best Practices. American Counseling Association, Chicago, IL. Co-Presenter: Beronica Salazar.
- 10/17 Counselor Educators Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty Multicultural Sensitivity. American Counseling Association. Chicago, IL. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Chris Cleaver, Keith Dempsey, Michelle Engblom- Deglmann, Jennifer Lichtenberg, Rand Michael, Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 1/17 Building a Model for Professional Development and Mentoring the Next Generation of Women in Higher Education. Oregon Women in Higher Education (OWHE). Sunriver, Oregon. Co-Presenters: Linda Samek, Robin Ashford, Gloria Doherty, Debby Espinor.
- 11/16 Gardening with Grace and Justice: Counselor Formation and Gatekeeping Best Practices. Western Association of Counselor Educators and Supervisors, Vancouver, BC, Canada. Co-Presenter: Beronica Salazar.
- 11/16 Counselor Educators Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty Multicultural Sensitivity. Western Association of Counselor Educators and Supervisors, Vancouver, BC, Canada. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Chris Cleaver, Keith Dempsey, Michelle Engblom-Deglmann, Jennifer Lichtenberg, Rand Michael, Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 11/16 Developing a Professional Online Identity: An Essential Counseling Skill. Western Association of Counselor Educators and Supervisors, Vancouver, BC, Canada.
- 11/16 The Missing Element of Best Practice: Trauma-Informed. Presented (Morton) at the annual meeting of the National Dropout Prevention Conference.
- 11/16 Responding to Trauma Through a Culture of Care: Raising a New Generation of Teachers. Presented (Morton) at the annual meeting of Oregon Association of Teacher Educators.
- 2/16 A Peer Training Model to Promote Digital Fluency Among University Faculty: Program Components and Initial Efficacy Data. (Seminar.) ORATE, Monmouth, OR. Co-Presenters: Gloria Dougherty, Robin Ashford, Debby Espinor, Linda Samek, George Fox University.
- 2/16 Responding to Trauma Through a Culture of Care: Raising a New Generation of Teachers. (Seminar.) ORATE, Monmouth, OR. Co-Presenter: Brenda Morton, George Fox University.
- 7/15 Receptivity & Resistance: A Faith-Based University's Challenge Responding to Privilege within the Tensions of a Rapidly Shifting Culture. (Seminar.) Diversity in Organizations, Communities, and Nations; Hong Kong. Co-Presenters: Stephen Bearden, Linda Samek, Rebecca Hernandez; George Fox University.
- 4/15 Receptivity & Resistance: A Faith-Based University's Challenge Responding to Privilege within the Tensions of a Rapidly Shifting Culture. (Poster Presentation.) ORATE, Portland, OR. Co-Presenters: Stephen Bearden, Debby Espinor, Linda Samek, George Fox University.

- 11/14 Identifying Best-Practice Strategies to Maximize Academic Success with Students in Foster Care. (Seminar.) 2014 National Dropout Prevention Network Conference, Louisville, KY. Co-Presenters: Brenda Morton (Faculty), Madeline Lowen (GSC MA Student), George Fox Univeristy.
- 9/14 Religious Privilege and Hegemony as Obstacle, Opportunity, & Mandate. Race & Pedagogy National Conference, University of Puget Sound. (Seminar.) Co-Presenters: Stephen Bearden, Debby Espinor, Linda Samek,, George Fox University.
- 2/14 Developing a Professional Online Identity. (Seminar.) Educause Connect, Portland. Portland, OR. Co-Presenter: Robin Ashford, George Fox University.
- 2/14 Privilege and the Classroom: Joining with Students from a Dominant Culture. (Seminar.) Oregon Association of Teacher Educators 17<sup>th</sup>

- 3/10 Supervisory Tools to Promote Ethical Use of Spirituality. Ninety-minute advanced presentation for supervisors and educators. American Counseling Association National Conference. Pittsburg, Pennsylvania.
- 3/06 Increasing Effectiveness of Mental Health Trauma Responders: A Multi-Systemic Approach. Association of Traumatic Stress Specialists National Convention, Charlotte, NC.
- 10/05 Maximizing Team Cohesion: Herding Cats while Honoring Individuality. Rocky Mountain Regional Disaster Mental Health Institute National Conference. Estes Park, CO.
- 8/01 Trauma and Couple's Therapy. Workshop presentation. Traumatic Incident Reduction Association Annual Conference. Portland, Oregon.
- 11/98 Content Validity Study of the CPI (Co-Parenting Index). Paper presented at National Council of Family Relations (NCFR) Annual Conference.
- 10/93 Adult and Child Developmental History Questionnaires: Administration and Review Considerations. California Association of Marriage and Family Therapists Regional Conference; Upland, CA.

**PROFESSIONAL (INVITED) PRESENTATIONS – APPLIED SCHOLARSHIP**

- 8/18 Trauma-Informed School Programming: Applications in University Class Settings. George Fox University - Faculty Convocation. Co-Presenter: Brenda Morton.
- 1/17 University Faculty Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty Multicultural Sensitivity. George Fox University - Faculty Convocation. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Keith Dempsey, Michelle Engblom-Deglmann, Jennifer Lichtenberg, Rand Michael, Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 2/17 Trauma-Informed Schools. A presentation to the Oregon ACE Collaborative. Co-Presenter: Brenda Morton.
- 10/16 Trauma-Informed School Programming. Professional development instruction, Tillamook School District, Tillamook, Oregon. Co-Presenter: Brenda Morton.
- 11/16 Trauma-Informed Classroom Management Strategies. Professional development instruction, Tillamook School District, Tillamook, Oregon. Co-Presenter: Brenda Morton.
- 2/14 Interview. Shelley Levitt, Live Happy (Online & Print Magazine)
- 6/11 Interview. (Documentary Film). Charles Taylor Gould Films, and Helping Heroes Productions. Documentary on the child sex slave industry in America.
- 4/11 Panel Member – Responding to the Gulf Coast Oil Spill: Mental Health Considerations. Solutions Seminar. Institute for Sustainable Solutions, Portland State University. Portland, OR.
- 11/10 Increasing Gender-Sensitive Relationships Between Staff and Students. Presentation to the faculty at Western Mennonite High School.
- 8/10 Interview – Mental Health Impact of Gulf Coast Oil Spill. . Documentary released in Spring, 2011. Uncage the Soul, producer.
- 4/10 Engaging Students in the Development of an Instrument to Assess Neural Integration. School of Education's Scholars' Forum. George Fox University. Newberg, OR.

- 11/07 Understanding Post Traumatic Stress Disorder. Presentation at the Oregon Burn Center, Legacy Emmanuel Hospital, Portland, OR.
- 4/05 Critical Incident Stress Debriefing: Responding to Indonesian IDP Camp Survivors. Four-day training for medical professionals serving survivors of the December 2004 earthquake and tsunami in Banda Aceh, Indonesia.
- 5/03 Vicarious Traumatization: Prevention and Self-Care. Presentation for Multnomah County's National Nursing Recognition Day. Portland, Oregon.
- 3/03 Peer-Assisted Response to Trauma (PART): Applications of the Mitchell Model of CISM to Volunteer Disaster Response Agencies. Seminar (7 hours) for American Red Cross disaster mental health professionals. Portland, Oregon.
- 2/03 Family Assessment: Evaluating Parental Readiness of Adoptive and Foster Family Applicants. One-day seminar for state adoption and foster family evaluators. Portland, Oregon.
- 10/01 Reflections on Mental Health Response to the World Trade Center Attacks of 9/11/01; Workshop co-presentation. John Woolman Peacemaking Forum.
- 11/00 Responding to Racism: Panel Discussion. Panel Member. George Fox University.
- 10/99 Public Testimony for AAMFT: Systemic Issues in Substance Abuse Treatment. Public hearing sponsored by the Substance Abuse and Mental Health Services Administration of the U. S. Department of Health and Human Services.
- 9/95 Identifying Isomorphism in the Supervisor-Therapist Relationship. Continuing education presentation for licensed mental health professionals, Portland, OR.

#### **PROFESSIONAL TRAININGS; INVITED - APPLIED SCHOLARSHIP**

- 2/19-present NW Coast Collaborative - Trauma-Informed School Programming. Provide training and coaching for educators implementing TISP to change school culture and classroom practices in multiple districts along coastal Oregon. Co-Presenter: Brenda Morton.
- 11/18-present Portland Public School District - Trauma-Informed School Programming. Provide training for educators implementing TISP to change school culture and classroom practices. Lane Middle School. Co-Presenter: Brenda Morton.
- 10/16-present Tillamook School District - Trauma-Informed School Programming. Provide training and coaching for educators implementing TISP to change school culture and classroom practices. Co-Presenter: Brenda Morton.

#### **EDUCATIONAL TECHNOLOGY – APPLIED SCHOLARSHIP**

- 9/13 EdTechWomen – Portland: Application accepted to begin a Portland chapter of an organization designed to support women's endeavors in education technology. Co-sponsors: Linda Samek, Debby Espinor, and Robin Ashford. Host quarterly meetings.
- 9/12-present Graduate School of Counseling (GSC) Education Technology Learning Community:
- Facilitate vision planning with faculty towards future development of an online cohort for select GDC academic programs.

- Host hands-on education technology demonstrations.
- Utilized a small AAO grant to increase GDC use of online technology in the classroom.
- Co-ordinated the GDC's first online group interview day for student applicants.

2/12-present School of Education (SOE) Education Technology Grant Writing Team: Educators seeking grant opportunities to enhance the School of Education's access to and utilization of education technology.

8/12 The iPad and the iProfessor. Faculty In-Service Learning Session. Co-Presented with Debby Espinor, EdD, and Mark McMinn, PhD.

**ADVANCED CERTIFICATION TRAINING FOR LICENSED CLINICIANS – APPLIED SCHOLARSHIP**

9/14 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC clinic director.

9/13 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC clinic director.

9/12 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC clinic director.

10/12 Approved Supervisor Refresher Course. AAMFT-Approved Supervisor 5-Hour required training to maintain designated supervisor status. Portland, OR. Co-Facilitated with Bob Powell, GDC clinic director.

9/11 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.

10/11 Approved Supervisor Refresher Course. AAMFT-Approved Supervisor 5-Hour required training to maintain designated supervisor status. Portland, OR.

9/10 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.

9/08 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.

4/08 Supervising the Therapist in Clinical Settings. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Taichung, Taiwan.

9/07 AAMFT-Approved Supervisor Recertification Course. One-day recertification training for AAMFT-



10/97 Supervision and Dual Relationships: Continuing education presentation for licensed mental health professionals, Portland, OR.

#### **GRANTS – APPLIED SCHOLARSHIP**

5/15 George Fox University Initiative for Digital Fluency. A four-year, \$550,000 faculty mentoring and training program. Proposal accepted with funding granted on a year-to-year basis. Portland, OR.

#### **RESEARCH - STUDENT MASTER'S THESIS – APPLIED SCHOLARSHIP**

- 2015-16 Project Supervisor; Neil J. Liss, EdD., Post-Graduate Certificate in Trauma Response Services candidate; Identifying Trauma in Client Narratives: A Survey of Counselor Perceptions. Trauma Response Institute at George Fox University.
- 2015-16 Project Supervisor; Vivian Lew Hsiung, Post-Graduate Certificate in Trauma Response Services candidate; Considerations for Therapists in Utilizing e-Tablets in Resiliency Training with School-Age Children: Inviting Dialog Between Counselors and Application Developers. Trauma Response Institute at George Fox University.
- 2015-16 Project Supervisor; Pamela D. King, Post-Graduate Certificate in Trauma Response Services candidate; Domestic Violence Women's Groups within the Christian Faith Community: A Trauma-Informed Standard of Care. Trauma Response Institute at George Fox University.
- 2015-16 Project Supervisor; Karen Seegobin, Post-Graduate Certificate in Trauma Response Services candidate; An Exploration of the iPad as a Tool to Promote Psychosocial Engagement and Learning in At-Risk Children. Trauma Response Institute at George Fox University.
- 2015-16 Project Supervisor; Kasey M. Lix, Post-Graduate Certificate in Trauma Response Services candidate; Exploring the Use of iPads in the Formation of a Therapeutic Alliance with Child Clients. Trauma Response Institute at George Fox University.
- 2014-15 Project Supervisor; Tracy Sandor, Post-Graduate Certificate in Trauma Response Services candidate; An Analysis of a Police Crisis Assistance Program using Psychological First Aid Standards. Trauma Response Institute at George Fox University.
- 2014-15 Project Supervisor; Tiffany Ketterman, Post-Graduate Certificate in Trauma Response Services candidate; Increasing Police Officer Comfort and Competence When Responding to Suicidal Individuals: An Evaluation of a Brief Suicide Intervention Training. Trauma Response Institute at George Fox University.
- 2014-15 Project Supervisor; Christine Perrine, Post-Graduate Certificate in Trauma Response Services candidate; Increasing Law Enforcement Officers Resiliency and Effectiveness in Responding to Suicidal Individuals. Trauma Response Institute at George Fox University.
- 2013-14 Project Supervisor; Bonnie Marie Huff, Post-Graduate Certificate in Trauma Response Services candidate; A Trauma-Informed Model to Increase Staff Resiliency in Residential Settings: an Evaluation of the Sanctuary Model. Trauma Response Institute at George Fox University.
- 2013-14 Project Supervisor & Mentor; Kasey A. Nixon, Post-Graduate Certificate in Trauma Response Services candidate; A Qualitative Study of Recent Military Veterans: Identifying Barriers to Utilizing Combat-Stress Related Prevention and Intervention Services. Trauma Response Institute at George Fox University.

2013-14 Project Supervisor; Andrea L. Parra, Post-Graduate Certificate in Trauma Response Services candidate; Evaluation of an Elementary School's Disaster Protocol using National Incident Management System Standards. Trauma Response Institute at George Fox University.

2012-13 Project Supervisor; Timothy Assad, Post-Graduate Certificate in Trauma Response Services candidate; An Evaluation of a PTSD Prevention Program for Law Enforcement Professionals. Trauma Response Institute at George Fox University.

2012-13

**SERVICE**

**TRAUMA RESPONSE INSTITUTE SERVICE EVENTS**

9/16 Engaging Men and Boys in the Prevention of Domestic and Sexual Violence. Keynote: Marc Grimmett, PhD. 3rd Annual Trauma & Social Justice Conference. Co-Facilitator: Keith Dempsey, George Fox University.

9/15



4/08 Conference Coordinator.

- 3/82 - 6/85 Lancaster County Office of Aging/Lancaster YMCA, Lancaster, PA; Director, Adult Day Care. Administrated government subcontracted program: Fiscal management, grant proposals, program development, staff hiring, supervision and training; Social Worker: Counseling and casework intervention with senior adults and their families.
- 9/80 - 5/81 Manos Drug and Alcohol Therapeutic Community, Lancaster, PA; Social Work Intern. Residential drug and alcohol facility for male criminal offenders; individual and group counseling.

#### **LICENSES**

