



Length of Period Worked	# of Rest Breaks Required	# of Meal Periods Required
2 hours or less	0	0
2 hours, 1 min. - 5 hours, 59min.	1	0
6 hours	1	1
6 hours, 1 min. to 10 hours	2	1
10 hours, 1 min. - 13 hours 59 min.	3	1

How long do my breaks have to be? Do I get paid for them?

How long do my meal periods have to be? Do I get paid for them?

Where can I find my pay statement?

